Imagine the life you want...

When you've written your
list, send me "complete" in
the next 24 hours you can
get a FREE 30 minute
Dream Vision chat.

North Mental

West Physical

Centre Catalyst East Spiritual

South Emotional



Imagine the life you want... Imagine Your Heart's True Desire Make a list of what you want in your life & your business career.

North - Mental

How would you describe your ideal mental and intellectual capacity?

What provides you with the mental stimulation you seek?

When you are clear, can you describe it?

West - Physical

What do you want your body to be like?

How about the house, the car, the money, or anything that you touch?

When you are clear, can you describe how you want each one to be?

Centre - Catalyst

Do you want to combine all of the above to create a vibrant, exciting life?

When you are clear, can you describe your life in each aspect?

East - Spiritual

Do you want a connection to your higher self, the greater power, God or Goddess?

How do you want that to manifest and what is that relationship to be?

Can you clearly describe it?

South - Emotional

How do you want to feel consistently or occasionally?

Do you want calm, peace, excitement, adventure, and more?

When you're clear on that feeling, can you describe it?

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Executive Life Coach 613.850.4955



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| South - Emotional |
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| How do you want to feel consistently or occasionally? |
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| West - Physical |
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| How about the house, car, money, or anything that you touch? |
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| When you are clear, can you describe how you want each one to be? |
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We've been talking a great deal about <u>you</u>, <u>your</u> desires, <u>your</u> dreams, and what lights <u>you</u> up.

How are **YOU** going to make the world a better place?



ZEST YOUR LIFE ZEST YOUR BUSINESS

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Check your list.

The list should include items that bring you joy and ZEST in all aspects.

Major categories that you want to address:

Health Partner

Family Creativity

Prosperity Friends

Wealth Travel

Success Knowledge

Career Education

Love Learning

Relationships Self development

A Good Start

Making a list is a good start.

Showing the commitment and initiative to get the ball rolling increases the positive energy to make it manifest.

Take action and do at least one thing each day that brings you closer to your dreams and desires.

Date Your List

When you review your list in six months or a year, you're able to check off all the items you have received.

I prefer not to cross them out, instead I put a check beside them so I can still see them.



Dreams and even miracles come true -- I have seen it! Connect into your life and business dreams, and be a more inspired and joyous person with an abundant business.

Send me a note when you have your list. I don't need the list, just that you have done it. Linda@LindaBabulic.com

Book a free 30 minutes chat with me here: https://go.oncehub.com/zest_connection

For more workshops & programs, please go to: https://courses.lindababulic.com/