




 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*My power is contagious. How I put my power into the world matters.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I am a powerful woman.  
I embody (name 3 of your qualities).©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*My life and my relationships are enriching, stimulating, and fun!©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I focus on my circle of influence to make a positive difference.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*My personal effort makes my world a better place.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I release my fears. I am safe, and in control of my life.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*My courageous heart speaks from a place of love, compassion, and understanding.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*My authentic self dances and laughs with my face in the sun.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I am grateful that I have gifts to share.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I am aware and in tune with how I feel.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*"I love you. I'm sorry. Please forgive me. Thank you." This is ho'oponopono. ©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I choose and express my words from a center of love and positive intention.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I have a strong mind, and I visualize a life of joy, vibrancy, and ZEST! ©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I dedicate myself to improving my mind/body checklist score.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I am complaint free and happier.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*My ZEST energy is strong and vibrant. I contribute to the greatest good of all.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I am proud to stand tall in my power and ZEST.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*Happy thoughts make my body strong.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I breathe in love, I breathe in life.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I am reaping the rewards of my personal effort.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I hold sacred the feeling of being in my spiritual ZEST.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I am fulfilled, complete, and powerful in living my life my way.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I know my values and live my life aligned with my values.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I am the best of me.©*  
✉ @lindababulic  
🐦 @awakenzest


 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I am a ZESTY woman.©*  
✉ @lindababulic  
🐦 @awakenzest

 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*Every day, I am closer to my dreams coming true.©*  
✉ @lindababulic  
🐦 @awakenzest

 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*Every day, I understand and love myself more and more.©*  
✉ @lindababulic  
🐦 @awakenzest

 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I am guided to bring beauty and love in all that I say and in all that I do.©*  
✉ @lindababulic  
🐦 @awakenzest

 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I am a ZESTY woman.©*  
✉ @lindababulic  
🐦 @awakenzest

 Affirmation: [www.ZESTyourLife.com](http://www.ZESTyourLife.com)  
*I am a ZESTY woman.©*  
✉ @lindababulic  
🐦 @awakenzest